Resources for Lent Garden Crafts and Recipes

The table below includes all supplies for the crafts and recipes contained in the Virtual Lent Garden rooms. At the end of the table, you will find ideas for items to be given ahead of time to church members if you want to create "Lent in a Bag". The print out used in Lent Three for the 10 Commandments is located at the end of this document for easy printing.

| Date | Craft | Recipe |
|--------------------------------------|---|--|
| Ash Wednesday, February 17 | yarn, lacing or other material to string bead for a bracelet pony beads - one of each color: white, light blue, clear, purple, brown, light yellow, silver, gray, red, and gold | 1 1/2 cups water (360 mL), warm 2 tablespoon salt 1 tablespoon sugar 1 packet active dry yeast 4 1/2 cups flour (565 g) 4 tablespoons oil, divided 2/3 cup baking soda (120 g) 2 eggs, beaten coarse salt, pinch |
| Lent One, February 21-27 | Coffee filter Washable markers in rainbow colors (violet, indigo, blue, green, yellow, orange, red) Spray bottle of water Construction paper Cotton balls White glue | 8 Red grapes 16 Blueberries 8 Green grapes Pineapple (8 fresh chunks or canned tidbits) Cantaloupe (8 chunks) 8 Strawberries 8 Wooden skewers |
| Lent Two, February 28- March 6 | a piece of white 8 1/2" X 11" paper paint (any colors) Paint brush white paper and markers or various colors of construction paper markers and scissors | Pudding Mix Plain cookies (such as vanilla wafers) Plastic Baggy Rolling pin |

| Lent Three March 7-13 | Copies of 10 Commandment sheet Construction Paper Markers Glue | 2 cups (260g) whole wheat flour 2 teaspoons baking soda 2 teaspoons ground cinnamon 1/2 teaspoon ground ginger 1/2 teaspoon salt 3 large eggs 1/2 cup (100g) packed brown sugar 1/4 cup (85g) honey 1/3 cup (80ml) vegetable oil 1/3 cup (60g) smooth applesauce 1 teaspoon orange zest (optional) 1/3 cup (80ml) orange juice or pineapple juice 1 teaspoon pure vanilla extract 2 cups (260g) shredded carrots (about 4 large) 1 cup (140g) shredded/grated apple (about 1 large) 1/2 cup (64g) chopped pecans |
|--------------------------|---|--|
| Lent Four March 14-20 | a white paper plate (not styrofoam) blue and green acrylic paint a balloon a piece of yarn a small piece of red construction paper a marker scissors single hole punch | 2/3 cups semisweet chocolate chips 1/4 cup unsalted butter, cubed 3/4 cups all-purpose flour 1/4 cup cocoa powder, sifted 1/2 teaspoon baking powder 1/2 teaspoon baking soda 1/4 teaspoon salt 1 egg 1/3 cup packed light brown sugar 3 tablespoons milk 1 teaspoon vanilla 1/2 cup sifted icing sugar About 24 chocolate drops such as Hershey Hugs or Kisses |

| Lent Five | Two pieces of red construction or other | Juice of one lemon |
|-------------|---|--------------------------------------|
| March 21-27 | colored paper | 2 garlic cloves, minced |
| | A hole puncher | 1 tbsp. honey |
| | Yarn or ribbon (the length will be | 2 tsp. dijon mustard |
| | determined by the size of your hearts | 1 tbsp fresh mint, chopped |
| | you cut) | any other fresh herbs coming up in |
| | Pencil, pen, or marker | your garden (parsley, rosemary, |
| | | basil) |
| | | 1/4 cup olive oil |
| | | salt and paper to taste |
| | | 4 cups baby spinach, or arugula, or |
| | | any other spring green |
| | | 1 cup sugar snap peas |
| | | 4 radishes, thinly sliced |
| | | 2 tbsp. slivered almonds, toasted or |
| | | pine nuts, or any other nut you have |
| | | at hand |
| | | goat cheese |
| | | fresh mint leaves |

Ideas for "Lent in a Bag"-

Yarn and Pony Beads for Ash Wednesday craft Coffee Filters and cotton balls for Lent One craft Pudding mix for Lent Two recipe Copy of Ten Commandments for Lent Three craft White Paper Plate (not Styrofoam), balloon, and yarn for Lent Four craft Red Construction paper for Lent Five craft

